



Our Family, Caring for Yours

Mid Coast Senior Health's Assisted Living at Thornton Hall offers a home environment with caring services that encourage each resident to live life to the fullest.

Our care is delivered in a holistic and personalized manner, designed to enhance the quality of life for each individual. We offer an opportunity to live as independently and comfortably as possible in a carefree and peaceful home, with a host of friends and social activities awaiting you right outside your doorstep. Thank you for your interest in Mid Coast Senior Health's Assisted Living at Thornton Hall.



Mid Coast Senior Health
MaineHealth

ASSISTED LIVING AT THORNTON HALL

Welcome

Thornton Hall is part of Mid Coast Senior Health, the only elder care facility in Midcoast Maine offering a full range of award-winning lifestyle and healthcare services for seniors, all under one roof. In addition to assisted living, services include memory care, long-term care, and nursing and rehabilitation. This allows residents to live the highest level of independence possible in an exceptionally supportive setting.

Our state-of-the-art medical services are fully integrated with Mid Coast–Parkview Health's family of services including Mid Coast Hospital, a nationally recognized full-service hospital; Mid Coast Medical Group, comprising 26 primary care and specialty practices located throughout the community; and CHANS Home Health & Hospice, all ensuring that trusted, high-quality healthcare is always available.



PEACE OF MIND

At Thornton Hall, residents have access to a wide array of services that support their healthcare needs.

SERVICES INCLUDE:

- Nursing and professional care available 24/7
- Medical supervision managed by an on-site provider team
- Integrated mental health services
- Routine weight and blood pressure monitoring
- Medication and chronic disease management
- In-home therapy, podiatry, dental, audiology, optical, and laboratory services
- Coordination and transportation to medical appointments
- Weekly housekeeping and laundry
- Facility, grounds, and utility maintenance
- Three daily meals and healthy snack options
- Assistance with activities of daily living

WARM & INVITING HOME

Whether it's catching up with friends or entertaining in one of our relaxed living areas, residents can take pride in sharing Thornton Hall with friends, neighbors, and family.

AMENITIES INCLUDE:

- 41 comfortable apartments of varying sizes, designed to incorporate your favorite furnishings and décor
- The Country Kitchen for informal visits and family celebrations
- Sitting area with fireplace, ideal for meeting and conversing with friends
- A Game Room with comfortable seating, a big screen TV, billiards, and game tables
- An inviting dining room that serves gourmet meals made with locally sourced foods
- Outdoor sitting areas with professionally maintained gardens
- Dedicated wellness area with directed exercise programs
- Salon services

QUALITY LIFESTYLE

Residents find fulfillment every day through companionship and participation in social events and stimulating activities.

HIGHLIGHTS INCLUDE:

- Well-rounded activity schedule offered 7 days a week
- Health, wellness, and prevention programs such as exercise classes, guided walks, and hand massage
- Expansive cultural music and arts programming with diverse offerings
- Regular strategic thinking activities that contribute to overall wellbeing and an ongoing pursuit of lifelong learning
- Leisure trips and outings such as local dining, shopping, and cultural events
- Weekly wine and cheese pairings, monthly themed dinners, holiday parties, dessert buffets, and social afternoon tea time
- Spiritual services, discussion groups, and chaplain visits



Mid Coast Senior Health
MaineHealth

ASSISTED LIVING AT THORNTON HALL

56 Baribeu Drive, Brunswick, Maine 04011 • (207) 373-3646